

PATH OF PEACE STUDY CENTRE

Presents

Buddha Dharma in Daily Life

PUBLIC TEACHINGS WITH BONNI ROSS



Bonni Ross has taught the path of liberation and peace since 1978. She has practised both Western Mysteries and the Zen, Theravadin, and Vajrayana traditions of Buddha Dharma for more than 40 years. Her teachings explore both the philosophical and theoretical foundations of the teachings of awakening, as well as providing practical and pleasurable methods for increasing awareness, kindness and wisdom in daily life.

Buddhist teachings are rich with philosophy, ethics and meditation practices. But have you ever wondered how to integrate these with the nitty gritty events and relationships in your life? Through deeply exploring the nature of our experience we can create changes that bring meaning and intelligence to the connections in our lives!

WEDNESDAYS, MARCH 9, 16, 23, 30, 2011, 7:00 - 8:30 PM

SUNSHINE COAST ARTS CENTRE, 5714 MEDUSA ST. (@ TRAIL AVENUE), SECHELT, BC

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